



Vivekanand School

F-Block, Preet Vihar, Delhi - 110092

Ref. No. : VS/PV/2023-24/Cir- 107

Date : 7/7/2023

IPL (INDIVIDUAL PREMIER LEAGUE)

Dear Parent

Namaste!

Every perfection has room for improvement.

Self-improvement is a journey that anyone who wants to excel in life must take. There is always something new to be learned. There are always fresh ideas to be explored.

We- the Vivians must keep thriving to set new goals and plan to achieve those. We must keep instilling new habits and hobbies, fostering new skills, and practicing new strategies to achieve our goals.

To arouse an insatiable thirst in our Vivians to improve and get better, we raise the curtain to **IPL- Individual Perfection League.**

Let's make a little improvement, and then a little more, and keep reaching higher and higher.

This monthly dose of inspiration and self-improvement and glimpses will be shared on the school's official FaceBook page. Please take a note of the following instructions for creating the IPL-Individual Perfection League feeds:

1. The students will be expected to work on bringing about self-improvement on the given topic.
2. The parents can record the videos of the students working on bettering themselves with each passing day.
3. The students will be required to submit a "Then and Now" photograph (of the student) and the 20 day journey of the progress made on the given topic in a 1 minute video.
4. The efforts of the students should be clearly visible in the video, whereas the parental guidance and support should be only in terms of videography, photography and submission of the entries.
5. The students should be neatly dressed during the process of videography and photography.

6. The prepared video and 'Then and Now' photograph has to be e-mailed to Ms.Rashmi Goyal at email id- ipl.pv@vivekanandschool.in and cc (e-mail a copy) to the respective class teacher of your ward by 25th of every month.
7. The parents are required to send 30-40 words write-up about their ward's experience of working to bring about self-improvement.
8. The parents are required to mention the student's name, class & section, mobile no in the subject of the e-mail.
9. The "Then and Now" videos will be scrutinized by the activity coordinators on the basis of the arduousness and thereafter the appropriate "Then and Now" photographs will be posted on school's social media handles.

So invest in yourself... become better every day... be the change.

Warm Regards

Deepa Vijay
Principal