



# Vivekanand School

F-Block, Preet Vihar, Delhi - 110092



**ROCKSPORT**  
Asia's Largest Adventure Program

Ref. No. : VS/PV/2023-24/Cir-135

Date : 29/11/2023

## DAY CAMP (Classes III - V)

Dear Parent

**Namaste!**

A Rocksport Program is being organized in the school premises for classes III - V on **2<sup>nd</sup> December 2023, Saturday**. The program will cover fun-filled adventure activities for students that will help enhance their confidence and encourage teamwork. Students are required to dress in sports attire (Track Suit or Full Sleeves T-shirt with Track Pants and Sports Shoes) and carry water bottle & hand towel.

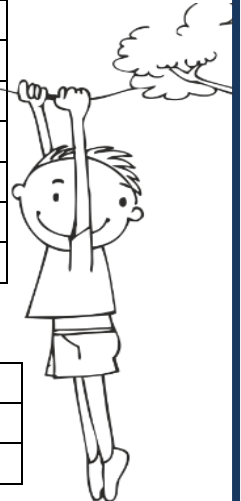
Kindly note that **all the meals will be provided by the school**.

**There will be regular bus service in the morning & parents have to come to pick their ward sharp at 2:00 pm.**

Key benefits of participating in the Rocksport program include:

- Enhanced confidence and self-esteem as students overcome their fears in a protected environment
- Leadership skills as they learn to capitalize on each team member's strength for the best outcome
- Improved focus and determination as they push beyond their comfort zones
- Increased emotional quotient as they become more self-aware and sensitive to their surroundings
- Increased social skills as they work collaboratively and learn to take accountability

Time	Program
7:45 AM	Reporting Time
08:00 AM	Briefing and Group Distribution
9:00 AM – 10:00 AM	Breakfast
10:30 AM – 1:00 PM	Adventure Activity
1:00 – 2:00 PM	Lunch followed by DJ Dance Party
02:00 PM	Camp Concludes



**Some adventure activities the students would enjoy are as follows:**

Tyre swing	Zipline	Wall Traversing	Sack Race
Laser Beam	Magical Maze	Tug Of War	Burma Bridge
Hop Scotch	Commando Net	Commando Crawl	Hamster Wheel

Note-Each student will participate in 8-10 activities.

The camp will be duly supervised by school teachers and instructors from Rocksport and all students will be awarded a certificate of participation after the completion of the program. You may download pictures of the program from the Rocksport India Facebook page. All Students should **deposit the consent form in hard copy latest by 30<sup>th</sup> November, 2023**

With warm regards,  
Deepa Vijay  
Principal

