



Vivekanand School

F-Block, Preet Vihar, Delhi - 110092

Ref. No. : VS/PV/2023-24/Cir- 118

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INFORMATION REGARDING ANNUAL GOALS (PRE-PRIMARY)

Dear Parent

Namaste!

‘Values are like fingerprints, nobody’s is the same but you leave them all over everything you do.’

Children are like wet clay, their characters are shaped up with the values we instill in them right from the sapling stage. In order to deepen their roots, strengthen their foundation and structure their personalities in an impressive manner, we aim to achieve three annual goals by the end of this academic session, which have been planned and designed in a way that will facilitate in imbibing vital habits of responsible self and considerate co-existence among these future citizens. At this age, when our children's learning, solely depends on our approach and guidance it is of paramount importance that we work thoughtfully in the same direction and towards achieving these unanimously and unitedly.

Enlisted below are our three annual goals, which we aim to achieve with your seamless cooperation.

- To imbibe the core of humanity by inculcating values through “EMOTIONS”. They should be able to emote and behave in an ethically correct manner by being thankful and responsible.
- To foster the love and readiness for maintaining cleanliness and hygiene.
- Improving listening skills through development of concentration.

The planner for the same has been shared with you for your perusal, which will throw light on the plan and structure of work that will aim to culminate into building responsible and responsive citizens.

A few important guidelines pertaining to all the three goals, which need to be kept in mind by all parents as we embark on this journey, are given below:

- Follow a prayer time before all meals of the day along with your child.
- Encourage your child to emote freely especially during the 10mins magic time regime (refer to PARVARISH-The Parenting Manual, for the same) by discussing what all things made him/ her happy or sad during the day. Instill in them the habit of saying a ‘THANK YOU for all those things that made them happy and a SORRY for all those things that they feel went wrong from their end.

- Be a role model and ensure that you and the child brushes twice daily (morning and night), bathes before coming to school and even maintains basic hygiene like trimming nails, cleaning and combing hair neatly, wearing clean and ironed clothes etc.
- Do not throw anything outside your car, around the house, outside the room window or balcony. Instead set the right example by picking up and disposing in the bin, any unwanted stuff lying on the floor around the house or even showing no reluctance in picking up any stuff from the public area, outside the house.
- Follow a 5 mins or more, of 'Meditation Regime' each day before beginning the day or before going to bed. Help the child repeat the positive affirmation- 'I am patient and powerful. I can concentrate very well inspite of all disturbances around.'

The above mentioned practices should be followed religiously without a skip, if you truly wish to see positive changes in your child.

So, as we set on to tread the path of sculpting lives and characters, let's take a pledge to work tirelessly and never to give up till we attain our goal.

Considering that we always have scope to get better at any endeavor we undertake, your priced suggestions, queries, experiences and feedback will always be welcome. Please feel free to extend the same with your child's class teacher at any juncture of this journey.

Best regards,

Deepa Vijay
(Principal)

	<u>Goal 1</u>	<u>Goal 2</u>	<u>Goal 3</u>
MONTH	Imbibing the core of humanity by inculcating values through Emotions	Fostering the love and neatness for Cleanliness and hygiene	Developing Listening Skills Through Improved Concentration
AUGUST	Let me emote	To make them well versed with vocabulary related to cleanliness	Introduction to meditation
SEPTEMBER	Inculcating the sense of gratitude	Cleanliness of self	Developing focus in meditation
OCTOBER	Thankful to Nature	Cleanliness of classroom and immediate environment	Developing focus with imagination in meditation
NOVEMBER	Thankful to parents	Making our Vivians aware about germs	Developing listening skills
DECEMBER	Inculcating the sense of responsibility	Cleanliness of areas just outside their own classroom and knowing about how germs travel	Developing listening and retaining skills
JANUARY	Shouldering responsibilities	Cleanliness of areas just outside their own classroom	Implementation/Execution on the basis of retained facts.
FEBRUARY		Readiness for Cleanliness	