



Vivekanand School

D-Block, Anand Vihar, Delhi - 110 092

VS/SW/2024-25/CIR-034

Date: 10-Jun-2024

Embrace Inner Strength - Join Us for International Yoga Day Celebration!

"You have the power to control what happens within you, even if you can't control what happens outside."

Dear Parents,

Namaste!

We are excited to announce the upcoming celebration of International Yoga Day on **Thursday, June 21, 2024**. We invite our vibrant Vivians from classes IV to XII and other willing students along with their parents to join us for a power-packed Yoga session that promises to be energizing, soothing, healing, relaxing, and infused with positivity. It's an opportunity for us all to rediscover ourselves and take a significant step towards embracing a positive lifestyle.

We kindly request those who are interested to bring their own yoga mats and ensure appropriate attire for the session.

Session Details:

Timings: 6:15 am onwards

Entry and Exit: Gate no. 1

Venue: School Ground

Let's come together to experience the transformative power of Yoga and nurture a healthy mind and body.

Warm regards,
Principal (Officiating)