



Vivekanand School

D Block, Anand Vihar, Delhi - 110 092

VS/PW/2023-24/Cir-10

13 April, 2023

CIRCULAR FOR PARENT WORKSHOP

Dear Parent,

Namaskar!!!

Parents are considered to be an endless source of affection, appreciation and guidance for their children. But it is imperative for parents to know when to out pour the same endlessly and when to provide it as an incentive. In order to make this upbringing of the child fruitful and structured, we believe in working as a team to ensure holistic development of each child.

We have always supported our parents with full zeal and enthusiasm in all possible ways during the session 2022-23. Hence we, are now pleased to inform that we are going to commence parenting workshops in the forthcoming session. Since parenting is a learning journey and children don't come with any instruction manual, we urge parents to participate in these parenting workshops which will be crafted to help them become more empowered and upgrade themselves with the changing times and trends in parenting technique.

We are attaching the list of topics as well as the link of google form which contains topics of workshop; parents are requested to select maximum 8 topics and submit the form latest by 18.04.23.

<https://forms.gle/QqsJnpvF8iC3TUYx7>

Proposed topics for Parents workshop

1. Freedom within limits
2. Building empathy in children
3. Improving parent child communication
4. Developing life skills in your children
5. Transmitting values to children
6. How parents can encourage problem solving
7. Identifying your Child's & love language
8. Understanding and dealing with challenging behavior
9. Improving parent- teacher communication
10. Building strong sibling relationships
11. Connection before correction
12. Values before valuables
13. Managing screen time
14. Making connections with your grandkids
15. Happy routines to develop with your child
16. How to raise a happy child

Regards

Headmistress